



# Detox for Summer

## **Public seminar with Narelle Chenery , Director of ONEgroup and Founder of Miessence**

- Take steps to be in control of your health and be at your best this summer by detoxifying your body, your skin and your home
- Get the inside tips that will allow your skin to glow, your eyes to shine and give you extra energy
- Learn how to shed unwanted kilos and banish minor health issues
- Understand how certified organics can transform your health and why they are changing the global market for health, beauty and wellbeing products

### **About Narelle Chenery**

Narelle is the creator of miessence®, the world's first certified organic skin care and personal care range. She is a passionate educator and activist for social and consumer change, speaking worldwide to business leaders, entrepreneurs, cosmetic industry professionals and government bodies. Narelle is passionate about empowering and educating consumers on how to avoid harmful chemicals and detox their life and homes.

### **Also speaking is Kate O'Dwyer**

A Practicing Naturopath for 21 years, lecturer for 15 years at the Australian College of Natural Medicine and a mother of 6 children, Kate will discuss a naturopathic approach to detoxification.

**Sunday 22nd November 3-5pm**

*(registration opens at 2:30 for a 3pm start)*

### **Tickets:**

**\$10** *(for general public)*

**\$15** *(ONEgroup Reps, includes Rep training from 5.30pm)*

### **Education Centre**

**CERES Community Environment Park**

**Corner Roberts and Stewarts St**

**Brunswick East**

Some tickets available at the door but seating is limited so don't miss out, buy your ticket in advance

Tickets and Enquiries at [detoxseminar@gmail.com](mailto:detoxseminar@gmail.com)



miessence®